LIMITED or NO CLASS PARTICIPATION FORM

Philomath High School, Physical Education, Mr. Bennett

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade:\_\_\_\_\_\_\_\_ Class:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Check Box if you have attached a note to this form – Parent Note \_\_\_\_ Doctor Note \_\_\_\_

COMPLETE INFORMATION BELOW – ARE YOU SITTING OUT THE WHOLE CLASS PERIOD (RIGHT SIDE) OR JUST MODIFYING ACTIVITY AND STILL PARTICIPATING (LEFT SIDE)?

**FILL OUT JUST ONE SIDE**

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| **FILL OUT THIS SIDE IF YOU PLAN TO PARTICIPATE BUT NEED TO MODIFY ACTIVITY.**How many days have you modified class activities this trimester? \_\_\_\_**Dress down for class**Explain what activities you cannot perform today during class today and why? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Explain what you will do during class instead of these activities. You need to do something in place of them to earn credit for that class time.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **FILL OUT THIS SIDE IF YOU DO NOT PLAN TO PARTICIPATE AT ALL.**How many days have you not participated in class activities this trimester? \_\_\_\_Why are you not participating today?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* You should not be sitting and doing nothing during class.
* You can complete homework for other classes.
* You will not earn credit for P.E. today since you are not participating and it is not excused.

If you have a note from doctor or parent for not participating you can complete a written make up for the day’s activity during class to receive credit. See Mr. Bennett’s school district website for a written make-up sheet. Return the make-up sheet and article to teacher at the end of the class period when you didn’t participate. |